

AR- Activity Room
CR- Conference Room
Delta AR Activities

KEY:
Alpha Solarium Activities
Bravo Solarium Activities
Charlie Solarium Activities

Outings (off OVHL campus)
One on Ones
Channel 2500 Streaming

July OVHL 2024 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Non-Medical Transport Days: 7/2 1100-1700 & 7/23 0800-1700 Recreation Director Bess Nichols Email: bess.nichols@ovhleb.anon.org Phone/Text: 541-409-6569</p>	<p>1 1000 Song Writing with Tamra- AR 1300 Pinochle PM Bravo 1:1s 1400 Church in the AR 1445 Chair Yoga 1400 Yahtzee PM Video Calls</p>	<p>2 NMT Day 0830 Alpha Deep Sea Fishing at Depoe Bay 1000 Song Writing with Tamra- AR 1330 Yard Games on B2 Patio 1330 Mexican Train 1500 Gardening</p>	<p>3 Alpha AM 1:1s 1000 Poker Group w/Alyson 1330 Projected Events 1330 Projected Events 1430 Projected Events 1500 Uno</p>	<p>4 Happy Independence Day 1030-1700 Freedom Fest Music Festival on the AR Patio 2100 Cheadle Lake Fireworks Show w/Bess&Alyson</p>	<p>5 Joan leave at 3 1000 Texas Hold'em w/Jax 1045 Moving to Music 1100 Food Sub Committee in the AR 1330 Pool Game 1400 Patio Games A1/A2</p>	<p>6 1000 Beading with Leonard- AR 1300 Catholic Services on Ch 2500 1330 Jeopardy in A1 PM One on Ones PM Video Calls</p>
<p>7 AM Newspaper Deliver 1300 Chair Yoga 1400 Bingo in the AR 1545 Church Serv. CH 2500 PM Video Calls</p>	<p>8 Alyson Off 1000 Charlie to Walmart 1300 Pinochle 1400 Church in the AR 1445 Chair Yoga 1500 Yahtzee PM Video Calls</p>	<p>9 Alyson Off 0900 Alpha Lebanon Wal Mart 1045 Qigong Flow 1400 All Staff 1530 Coloring 1530 Mexican Train 1600 Boxing w/Megan PM Video Calls</p>	<p>10 Alyson Off 1000 Poker Group w/Joan 1030 Bravo Lunch w/Bess 1030 Moving to Music/Meditation 1330 Music with Ron and Rachel in the AR 1500 Landscape Models 1500 Gardening w/Leroy PM Video Calls</p>	<p>11 1030 Christmas in July with Red Hatters in the AR 1300 Cheadle Lake Trails w/Jax 1400 NO LIMIT Bingo in the AR PM Video Calls</p>	<p>12 Jax Off 1045 Moving to Music 1330 Quilts of Valor in the AR 1500 Pool Game PM Video Calls</p>	<p>13 Jax Off, Alyson Work 1000 Beading with Leonard- AR 1030 Texas Hold'em w/Alyson 1300 Catholic Services on Ch 2500 1330 Jeopardy in A1 PM Video Calls</p>

<p>14 AM Newspaper Deliver 1300 Chair Yoga 1400 Bingo in the AR 1545 Church Serv. CH 2500 PM Video Calls</p>	<p>15 1030 Charlie to The Point 1030 Balloon Bop 1300 Pinochle 1300 Bravo Shooting at the Range 1400 Church in the AR 1445 Chair Yoga 1500 Yahtzee PM Video Calls</p>	<p>16 Jax Off 0900 Bravo Shopping Walmart 1045 Qigong Flow 1300 Resident Council 1330 Mexican Train 1330 Yard Games on B3 Patio 1500 Gardening PM One on Ones 1600 Boxing w/Megan</p>	<p>17 Jax Off AM Pet Therapy 0900 Charlie Detroit Lake BBQ w/Joan 1000 Poker Group w/Alyson 1330 Painting w/Alyson 1500 Model Building PM Video Calls</p>	<p>18 Jax Off 1000 Bingo- AR 1400 Sewing Guild 1400 Happy Hour in the Canteen with Joan PM Video Calls</p>	<p>19 Jax Off R.E.D. Friday 0900 Native American Encampment w/Joan 1000 Texas Holdem' w/Jax 1400 Music with George Mann in the AR PM Video Calls</p>	<p>20 Jax Off 1000 Beading with Leonard- AR 1300 Catholic Services on Ch 2500 PM Video Calls</p>
<p>21 1000 A&W Country Drive 1300 Chair Yoga 1400 Bingo in the AR 1545 Church Serv. CH 2500 PM Video Calls</p>	<p>22 1000 Charlie to Target 1030 Balloon Bop 1300 Pinochle PM Bravo 1:1s 1400 Church in the AR 1445 Chair Yoga 1500 Yahtzee PM Video Calls</p>	<p>23 NMT Day 1000 NO LIMIT Bingo- AR 1100 Alpha Lunch at McGrath's 1400 Music with Next of Kin in the AR 1600 Boxing w/Megan PM Video Calls</p>	<p>24 AM Pet Therapy 0830 Bravo Deep Sea Fishing Alyson&Jax 1000 Poker Group w/Joan 1330 Gardening with Leroy 1500 Uno PM Video Calls</p>	<p>25 1100 Sweet Home Elks w/Jax 1045 Qigong Flow 1400 Happy Hour in the Canteen with Joan PM Video Calls</p>	<p>26 0900 Charlie Fishing VVA 1000 Texas Hold'em w/Jax 1300 Yahtzee in A3 1500 Pool Game 1500 Grilling Fruit and Patio Chats in A1/2 Patio PM Video Calls</p>	<p>27 0900 Alpha Shopping 1000 Beading with Leonard- AR 1300 Catholic Services on Ch 2500 1330 Jeopardy PM Video Calls</p>
<p>28 AM Newspaper Deliver 1300 Chair Yoga 1400 Bingo in the AR 1545 Church Serv. CH 2500 PM Video Calls</p>	<p>29 1000 Doughnut Social 1030 Balloon Bop 1300 Pinochle 1300 Charlie Shooting at the Range 1400 Church in the AR 1445 Chair Yoga 1500 Making Bravo's Olympic Flag PM Video Calls</p>	<p>30 Jax OOF 1030 Trivia 1045 Qigong Flow 1300 Bravo Shopping Fred Meyer 1330 Mexican Train 1500 Music with Ray (Joan) 1600 Boxing w/Megan PM Video Calls</p>	<p>31 AM Pet Therapy 0800 Casino w/Alyson 1000 Poker Group w/Jax 1000 Wood Working 1330 Gardening with Leroy 1330 Making Alpha's Olympic Flag 1500 Making Charlie's Olympic Flag 1500 Jeopardy in A1</p>	<p>Alpha: Jacqui.wells@vhlebanon.org or ext. 5553 Tu-Sa Bravo: Bess.Nichols@ovhlebanon.org M-F, or ext. 5555 for Desiree D. Su-Wed Charlie: Joan.Bekowsky@ovhlebanon.org or ext. 5556 M-F Delta: Madeline.Neilson@ovhlebanon.org or ext. 5113 M-F</p>	<p>Happy Birthday 07/02 David B. 07/09 Dennis S. 07/11 Craig R. 07/14 Jerry J. 07/24 Clif J. 07/24 Ken S. 07/28 Ray F. 07/29 Carlton G. 07/29 Craig H. 07/30 Bing S.</p>	<p>Calendar may change due to weather, volunteer and Veteran request/needs. Contact Recreation with concerns. R.E.D Friday: Remember Everyone Deployed by wearing RED</p>